



## **16 Ways to Study Smarter**

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- 1. Attend classes.**
- 2. Know your instructor.**
- 3. Schedule regular study periods.**
- 4. Be realistic.**
- 5. Establish a regular study area/place.**
- 6. Study in short periods and often.**
- 7. Start study sessions on time.**
- 8. Study when you are most alert and awake.**
- 9. Set a specific goal for each subject you study.**
- 10. Start assignments as soon as they are given.**
- 11. Review your notes regularly.**
- 12. Take regular study breaks.**
- 13. Vary your work when studying.**
- 14. Study your most difficult subjects first.**
- 15. Keep on top of your work.**
- 16. Reward yourself for reaching your goals.**