## TEST TAKKING SKKMLS DIAGNOSTHC INVENTORY

DIRECTIONS: Place the appropriate number in the box that most closely represents what you normally do for tests.

|  | TEST TAKING (during a test) | $\begin{gathered} \text { Never } \\ =1 \end{gathered}$ | $\begin{gathered} \text { Infrequently = } \\ 2 \end{gathered}$ | $\begin{aligned} & \text { Usually } \\ & =3 \end{aligned}$ | $\begin{gathered} \text { Frequently }= \\ 4 \end{gathered}$ | Always $=5$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1. | I formulate possible test questions out of main ideas using detail as a guide. |  |  |  |  |  |
| 2. | I know how many times I have to review my notes so that I KNOW that I know them. |  |  |  |  |  |
| 3. | I self-test to discover what I have and have not learned before I take a test when I can still do something about it. |  |  |  |  |  |
| 4. | I make summary sheets of key points. |  |  |  |  |  |
| 5. | I set up my lecture and text notes in a question and answer or problem and solution format. |  |  |  |  |  |
| 6. | I use as many of my own words as possible in my notes. |  |  |  |  |  |
| 7. | I use mnemonics to help with recall. |  |  |  |  |  |
| 8. | I use numbers in my notes to indicate steps, stages, phases, characteristics, etc. |  |  |  |  |  |
| 9. | I avoid cramming a day or two before a test. |  |  |  |  |  |
| 10. | I get plenty of rest the night before a test. |  |  |  |  |  |
| 11. | I study with one or more students for tests. |  |  |  |  |  |
| 12. | I arrive early to the classroom on the day of the test. |  |  |  |  |  |

13. I read the directions before I begin answering questions.

| 14. | I read over all the ques- <br> tions before beginning <br> a test. |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 15. | I estimate how much <br> time I can spend on <br> each question before I <br> begin. |  |  |  |  |  |
| 16. | I underline or circle key <br> words in questions. |  |  |  |  |  |
| 17. | I go back and check all <br> of my answers before I <br> turn in my test. |  |  |  |  |  |
| 18. | I only change answers <br> if I am absolutely cer- <br> tain that my first an- <br> swer was wrong. |  |  |  |  |  |
| 19. | I begin by answering <br> the easiest questions <br> and questions that car- <br> ry the most points first. |  |  |  |  |  |
| 20. | I have specific strate- <br> gies to use when I have <br> to guess. |  |  |  |  |  |
| 21. | I know how to quickly <br> and clearly construct an <br> essay question. |  |  |  |  |  |

## SCORING



Test taking efficiency score:
22-44 Need to make major changes in your test taking strategies.
45-66 Some changes would likely increase future test scores.
67-88 Only a few or minor changes are needed to earn higher grades on tests.
89-110 Your have very good test taking strategies.
Please answer the following questions:
What changes do you see that you need to make?

What are your most productive test taking strategies so far?

What are your least productive test taking strategies?

